



**We want YOU to be a part of the
8th Annual Fayetteville's Ultimate
Lip Sync Showdown!**

Applications Due: Friday, March 1, 2024

SIGN UP

Event Date: Saturday, April 20, 2024
Mandatory Rehearsal: Friday, April 19, 2024
Location: Crown Center Ballroom

This is a fun and exciting event to raise money and awareness for the CAC and promote your group, organization or business. We need the community's help to make this a BIG success!



This year, for the first time, we will have **TWO** performances. The matinee show will be at 12pm on April 20, 2024 and will include groups that have one or more performers under the age of 18. The evening show will be at 7pm on April 20, 2024 and will include groups where all performers are at least 18 years old.



We have included several items for you to review:

- Matinee Performance Application
- Evening Performance Application
- Performance Rules & Guidelines
- Judging Criteria & Scoring
- Child Advocacy Center Brochure

If you have any questions at all, don't hesitate to contact the event chair, Karen B. Tisdale, at caclipsync@gmail.com.

Come be a part of the lip sync magic!

All proceeds will benefit our local Child Advocacy Center.

P.O. BOX 488 • 222 ROWAN STREET • FAYETTEVILLE, NC 28302-0488





To benefit the Child Advocacy Center

Matinee Performance Application

(at least 1 performer must be under the age of 18)

Event Date: **Saturday, April 20, 2024 @ 12pm**

Mandatory Rehearsal: **Friday, April 19, 2024 @ 5pm**

Applications Due: **Friday, March 1, 2024**

Location: **Crown Center Ballroom**

Entry Fee: **Businesses—\$50.00; Individuals—\$25.00**

Please return the completed form and entry fee payment to the event chair--
via e-mail to: CACLipSync@gmail.com **OR**
mail/in-person to: Karen Tisdale, 1005 Hay Street, Fayetteville, NC 28305

Performing Group Name: _____

Song/Songs to be Performed & Original Artist (*upbeat, high-energy songs only*): _____

Business/Group Represented (*if applicable*): _____

Contact Person: _____

Contact Phone #: _____

Contact Email: _____

Contact Mailing Address: _____

Number of Group Members (*15 max*): _____ List on the back **over**➔

Payment Information: Check #: _____ (*enclosed payable to "Child Advocacy Center"*) **OR**

Credit Card Number: _____, Expiration Date: _____,

Billing Address Zip Code: _____, 3-digit Security Code: _____

By applying to participate in Fayetteville's Ultimate Lip Sync Showdown you are agreeing to abide by the contest's Rules and Regulations and to release and allow the Child Advocacy Center to use your photo and the photos of your group members for publicity purposes if desired.

Signature: _____ Date: _____



Evening Performance Application

(all performers must be 18 years or older)

Event Date: **Saturday, April 20, 2024 @ 7pm**

Mandatory Rehearsal: **Friday, April 19, 2024 @ 7:30pm**

Applications Due: **Friday, March 1, 2024**

Location: **Crown Center Ballroom**

Entry Fee: **Businesses—\$50.00; Individuals—\$25.00**

To benefit the Child Advocacy Center

Please return the completed form and entry fee payment to the event chair--
via e-mail to: CACLipSync@gmail.com **OR**
mail/in-person to: Karen Tisdale, 1005 Hay Street, Fayetteville, NC 28305

Performing Group Name: _____

Song/Songs to be Performed & Original Artist (*upbeat, high-energy songs only*): _____

Business/Group Represented (*if applicable*): _____

Contact Person: _____

Contact Phone #: _____

Contact Email: _____

Contact Mailing Address: _____

Number of Group Members (*10 max*): _____ List on the back **over**→

Payment Information: Check #: _____ (*enclosed payable to "Child Advocacy Center"*) **OR**

Credit Card Number: _____, Expiration Date: _____,

Billing Address Zip Code: _____, 3-digit Security Code: _____

By applying to participate in Fayetteville's Ultimate Lip Sync Showdown you are agreeing to abide by the contest's Rules and Regulations and to release and allow the Child Advocacy Center to use your photo and the photos of your group members for publicity purposes if desired.

Signature: _____ **Date:** _____



Performance Rules & Guidelines

Event Date: **Saturday, April 20, 2024**

Mandatory Rehearsal: **Friday, April 19, 2024**

Location: **Crown Center Ballroom**

Applications Due: **Friday, March 1, 2024**

Entry Fee: **Businesses—\$50.00; Individuals—\$25.00**

To benefit the Child Advocacy Center

THE RULES

- Acts with any group member under the age of 18 will perform in the matinee show. Acts with all group members 18 years or older will perform in the evening show.
- Group entry fees are due at the time the application is submitted. Only the first **18** groups (for the matinee) and **15** groups (for the evening) will be admitted to participate in the event.
- There is a maximum of 15 participants per group for the matinee show and 10 participants per group for the evening show.
- The maximum allowed time limit for your performance is 5 minutes.
- If more than one group chooses the same song, the song choice will be awarded on a first come, first serve basis.
- All songs, song lyrics, performances, and costumes must be in good taste.
- There can only be minimal stage prep for your act. Props can only consist of items that you can carry on stage and off stage. Prop microphones and microphone stands will be provided.
- All music must be turned in to the sound technician no later than Friday, April 5, 2024, two weeks prior to the rehearsal date. The sound technician will also be available for assistance with music cutting/editing prior to the due date (additional information will be provided upon registration).
- Acts performing at the matinee show must provide their own dedicated adult supervision backstage for the group members.
- Participants agree to allow the Child Advocacy Center to use any likeness, videos, or photographs taken during your performance for promotional use.
- **All acts are expected to participate in fundraising efforts prior to the event date.** There are multiple ways a group can fundraise including raffle tickets (provided by the Child Advocacy Center), acquiring donations, and/or acquiring sponsorships. On average, we hope that each group will raise approximately \$2,000, and pre-show fundraising is a part of your final score. Sponsorships are due by Friday, February 2, 2024. Remaining pre-show fundraising is due at the beginning of rehearsal on Friday, April 19, 2024.
- **The top 3 winners from the matinee show will guest perform at the evening show.** Discounted tickets will be provided for parents of youth performing in the evening.

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THE DETAILS

- The date of the event is Saturday, April 20, 2024. The matinee begins at 12pm with performer check-in at 11am. The evening show begins at 7pm with performer check-in at 6pm. Each show is expected to last approximately 2 ½ - 3 hours.
- The mandatory rehearsal is Friday, April 19, 2024. The matinee rehearsal begins at 5pm, and the evening show rehearsal begins at 7:30pm. Each rehearsal is expected to last 2 hours.
- The rehearsals and shows will take place at the Crown Center Ballroom located at 1960 Coliseum Drive, Fayetteville, NC 28306.
- Matinee show ticket prices are \$35.00 per ticket or \$60.00 for 2 tickets purchased together. The evening show prices are \$65.00 per ticket or \$120.00 for 2 tickets purchased together.
- Entry fee, raffle ticket, and donation checks should be made payable to “Child Advocacy Center”.
- This is a fundraising event where all proceeds will benefit the local Child Advocacy Center to support their services and mission.
- Karen Tisdale is the chair of the planning committee and can be reached at CAClipSync@gmail.com.

HELPFUL HINTS

- Perform a song that is fun and upbeat. The best songs for lip sync are high-energy that allow for plenty of facial expressions and exaggerated movements.
- Costumes and props are strongly encouraged.
- Practice in front of people and ask for their feedback.
- Larger groups make fundraising easier and are crowd pleasers.
- Bring a cheering section of family and friends to the show, and **HAVE FUN!**

Rules and details are subject to change at the discretion of the planning committee, and participants will be notified of any changes prior to the event.

PREVIOUS PERFORMING GROUPS HAVE INCLUDED

Cape Fear Regional Theatre

The Child Advocacy Center

CityView Magazine

Coldwell Banker Advantage

Cumberland County Department of Social Services

Cumberland County District Attorney's Office

Cumberland County Schools Pre-K Department

Cumberland County Sherriff's Office

Fayetteville Alumna Chapter Delta Sigma

Fayetteville Police Department

Ferguson Education & Consulting Services

Hardin Law Firm

H&H Homes

Huske Hardware House

Junior League of Fayetteville

Keller Williams Realty

Methodist University

Methodist University Cheerleaders

Movement Mortgage—The Spell Team

The MOX Collective

The Orozco Firm, PLLC

Rainbow Pediatrics

Southern Regional AHEC

Up & Coming Weekly

The Welcome Home Team

Womack Army Hospital

*Turn down the mic; turn UP your talent!
Help the Child Advocacy Center give every
child a voice!*





Judging Criteria & Scoring

Event Date: **Saturday, April 20, 2024**

Mandatory Rehearsal: **Friday, April 19, 2024**

Location: **Crown Center Ballroom**

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Entry Fee: **Businesses—\$50.00; Individuals—\$25.00**

Lip Sync Ability (score range: 1—10)

The ability to mouth the words of a song in perfect synchronization with the recording, thereby creating the illusion that the person or group is performing the song on stage in concert.

Stage Presence & Creativity (score range: 1—10)

The ability of performers to capture the attention of an audience and control that attention by being impressive in body language, charismatic behavior, general mannerisms, and the use of imagination and original ideas.

Choreography (score range: 1—10)

Use of complex individual/synchronized movements as a group. Also use of movements that are compatible with the group song choice.

Costumes (score range: 1—10)

Use of costumes and props and how well the costumes, hair styles, and accessories match the look of the original artist being recreated.

Crowd Appeal & Audience Response (score range: 1—10)

Ability to engage the crowd and generate audience response. Don't just stand there...dance, smile, make eye contact, have fun... WOW the crowd!

Pre-Show Fundraising (score range: 1—10)

The total amount raised by a group prior to the show divided by the number of group members determines your point value. For example, if you have 8 members in your group and the total money raised by your group is \$3,000, your average amount raised would be \$375, and your group would receive 3 points in the Pre-Show Fundraising category.

▪ Fundraising points will be awarded as follows:

Group Average: \$1--\$149	= 1 point	Group Average: \$750--\$899	= 6 points
Group Average: \$150--\$299	= 2 points	Group Average: \$900--\$1,049	= 7 points
Group Average: \$300--\$449	= 3 points	Group Average: \$1,050--\$1,199	= 8 points
Group Average: \$450--\$599	= 4 points	Group Average: \$1,200--\$1,349	= 9 points
Group Average: \$600--\$749	= 5 points	Group Average: \$1,350 & Above	= 10 points

Total Possible Score of 60

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At the Conclusion of the Event, Awards Will Be Given for the Following:

Top 3 (1st, 2nd, & 3rd Place) Pre-Show Fundraising

The three groups that raise the highest dollar amounts during pre-show fundraising regardless of the number of group members.

Best Costumes

The group (not in the top 3 for Fayetteville's Ultimate Lip Sync Stars) that scored the highest in the Costumes category.

Best Choreography

The group (not in the top 3 for Fayetteville's Ultimate Lip Sync Stars) that scored the highest in the Choreography category.

Top 3 (1st, 2nd, & 3rd Place) People's Choice

The three groups that raise the highest dollar amounts during at-show fundraising regardless of the number of group members.

- **At-Show Fundraising:**

There will be a vote table set-up at the event where audience members can purchase votes by putting money into the individual groups' receptacles. The money will be counted at the conclusion of the event to determine the winners for People's Choice.

Top 3 (1st, 2nd, & 3rd Place) 2024 Fayetteville's Ultimate Lip Sync Stars

The three groups that accumulate the highest score totals (out of a maximum of 60) from the 6 main scoring categories (Lip Sync Ability, Stage Presence & Creativity, Choreography, Costumes, Crowd Appeal & Audience Response, and Pre-Show Fundraising).

All decisions by the judges are final. The score of the Head Judge will be used to break any potential ties. In the rare occasion that a tie remains, the tie will be broken by using the point value for Pre-Show Fundraising.

*Turn down the mic; turn UP your talent!
Help the Child Advocacy Center give every
child a voice!*



OUR IMPACT

in FY 2022-23



Our Mission:
We collaborate with community partners to respond to and prevent child abuse



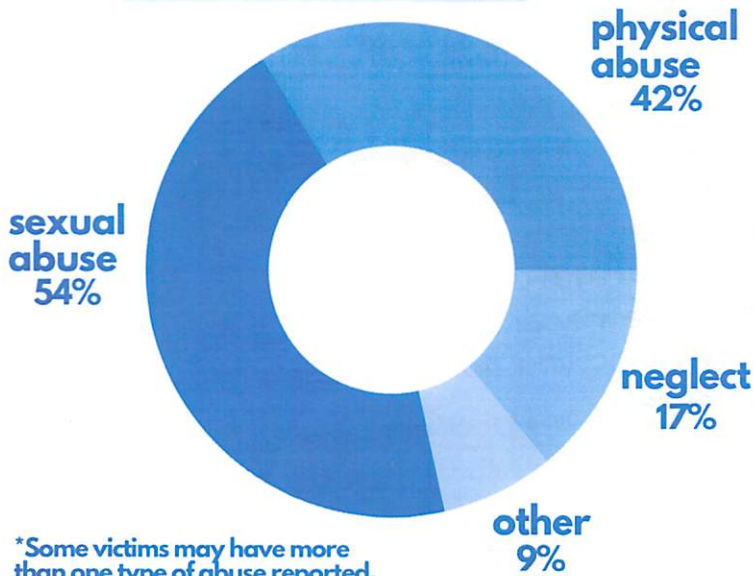
811 cases of reported child abuse were referred to the CAC
(3% Military Dependents)

60% of the children seen were females
40% of the children seen were males

28% were less than seven years old

95% of the alleged offenders were known to the victim

types of reported abuse



*Some victims may have more than one type of abuse reported.

the impact of our mental health programs

766 individual counseling appointments were attended

127 children participated in counseling

51 girl's group sessions were held and attended by 14 girls

24 boy's group sessions were held and attended by 7 boys



1,968  volunteer hours of service contributed to the CAC



21 appointments with a therapy dog

"Everything feels safe and warm, like you're at home, especially with the therapy dog here. Everything was just amazing!"

-From child who received services





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HOW YOU CAN HELP

VOLUNTEER

There are always opportunities to help at the center or community events.

DONATE

One of the easiest and most effective ways to help is through monetary or in-kind donations.

SPREAD THE WORD

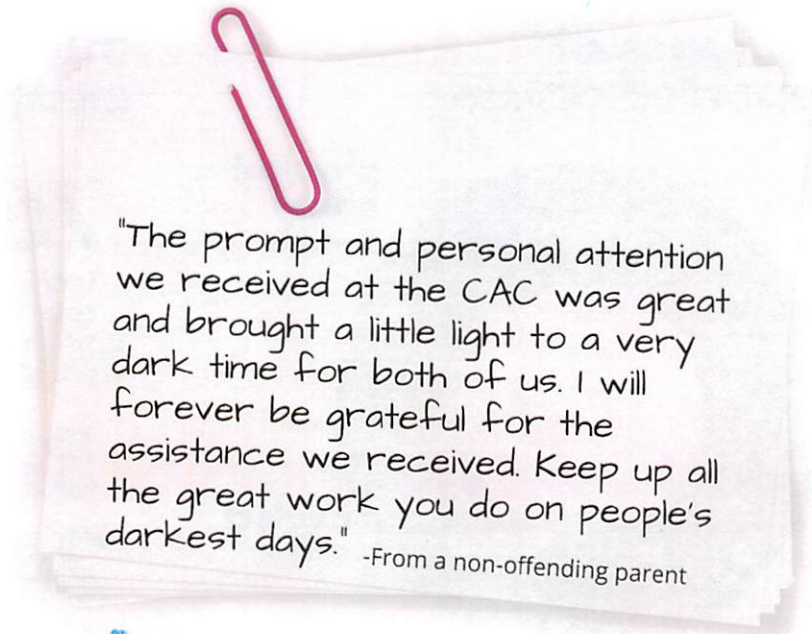
Share our mission and the need for help to your family, friends, co-workers and community leaders.

ATTEND AN EVENT

Participate in one of our many educational or fundraising events.

TOUR OUR CENTER

Visit the center to experience the healing environment and programs facilitated for our community's most vulnerable members.



"The prompt and personal attention we received at the CAC was great and brought a little light to a very dark time for both of us. I will forever be grateful for the assistance we received. Keep up all the great work you do on people's darkest days." -From a non-offending parent



Keep connected

CHECK US OUT ON SOCIAL MEDIA



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INSTAGRAM.COM/CACFAYNC



WWW.CACFAYNC.COM